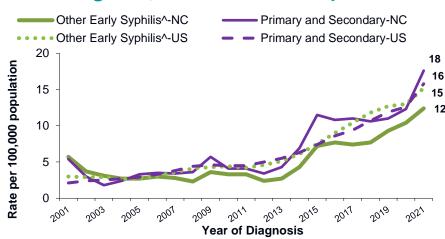


Syphilis in North Carolina, 2021

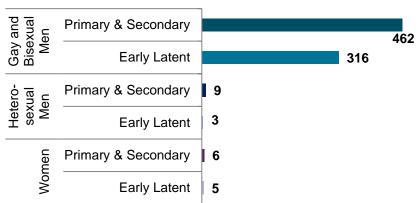


Rates of syphilis are increasing in NC, and across the country

- In 2021, 3,162 people were diagnosed with early syphilis (primary, secondary, and other early syphilis^) in North Carolina (rate: 30 per 100,000 population). The primary and secondary syphilis rate in NC (rate: 17.6 per 100,000) is similar to the most recent national rate (15.8 per 100,000) and similar to many Southeast states (https://www.cdc.gov/std/statistics/202 1/default.htm)
- Black/African American men had the highest rate of early syphilis at 145 per 100,000 in 2021.



Gay, bisexual, and other men who have sex with men experience the highest rates of syphilis



Gay, bisexual, and other men who have sex with men experience higher rates of syphilis than other groups in NC and nationally.

- Early syphilis cases increased among women in 2021. There were 600 early syphilis cases (11.1 per 100,000) in 2021, compared to 410 cases in 2020 (7.7 per 100,000). When untreated, syphilis during pregnancy can lead to miscarriages, stillbirths and birth defects. For more information on congenital syphilis, please see our fact sheet.
- In 2021, 45% of men and 3% of women diagnosed with syphilis were coinfected with HIV.

People living in poverty experience the highest rates of syphilis

People living in impoverished areas often have less access to resources, including health resources. This can make it difficult to access health care and increase the potential for disease transmission.



Proportion of Census Tract Living in Poverty

North Carolina Department of Health and Human Services

Rate per 100,000 population

Division of Public Health

[^]Other early syphilis non-primary non-secondary (formerly early latent) syphilis.

^{*2020} data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason.



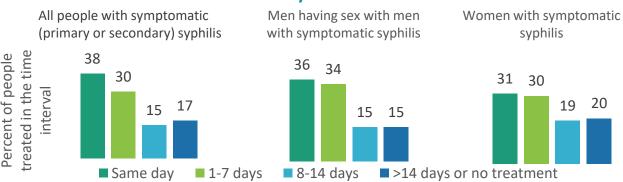
Syphilis in North Carolina, 2021



Most people are treated within two weeks of their syphilis diagnosis

- People with symptoms of syphilis or exposure to syphilis should be treated immediately, without waiting for laboratory results.
- In 2021, 38% of people who had symptoms of syphilis during their clinic visit were treated on the same day; 17% were not treated until more than 14 days after diagnosis.
- Women of reproductive age should be prioritized for rapid and appropriate treatment for their stage of infection to prevent congenital syphilis. In 2021, a larger proportion of women with symptoms were treated on the same day (31%) than in 2020 (23%) and 2019 (27%).

People with symptoms of syphilis are not always treated on the day they are seen by their doctor



What CLINICIANS can do

- Discuss <u>sexual history</u> with all patients to identify STI risk factors and screen sexually active and at-risk patients for syphilis and other STIs, including HIV.
- Screen pregnant women for syphilis at their first prenatal visit, between 28-30 weeks gestation, and at delivery. This is required by NC Public Health Law.
 - Newborns who are infected or incubating syphilis at birth may not exhibit any signs of infection until months or years after delivery which is why maternal testing at delivery is critical.
 - The increase in syphilis infections among women has also been associated with an increase in congenital syphilis (31% increase in 2021 compared to 2020).
- Follow the <u>CDC STI Treatment Guideline</u> for syphilis and immediately treat any patient with <u>signs or symptoms</u> of or exposure to an early syphilis infection.
- Advise all patients diagnosed with syphilis that they may be contacted by a public health advisor to ensure their sex partner(s) are tested and treated.
- Report all new syphilis infections to your <u>Local Health Department</u> within 24 hours of diagnosis using the <u>NC Disease</u> Report Form (Part 1).
- For more resources, visit the National Coalition for Sexual Health Compendium.

What YOU can do

- Discuss your sexual history with your healthcare provider and get tested regularly for syphilis and other STIs.
- If you have had a change in your vision or hearing and are sexually active, mention syphilis to your clinician.
- If diagnosed with syphilis, notify your sexual partners of the need to seek testing and treatment. You can notify your partners directly or <u>anonymously</u> (https://tellyourpartner.org/).

Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of September 7, 2022) and enhanced HIV/AIDS Reporting System (eHARS) (data as of September 2022)